

Pursue your passion



ENHANCED SPORTS PERFORMANCE PROGRAMME

Providing the knowledge, inspiration and motivation for you to take an active role in your development and continuous improvement.

THE PROGRAMME



Expert Speakers



Strength and Conditioning



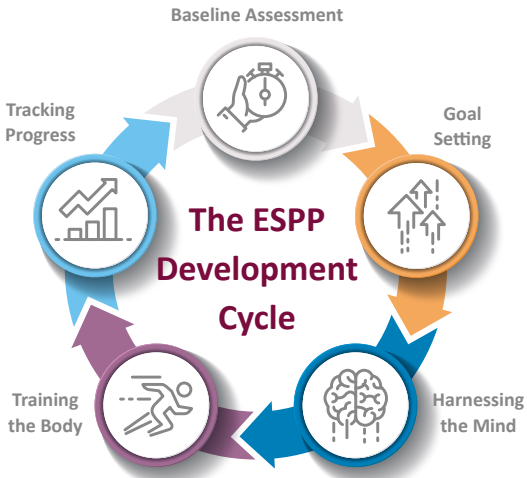
Performance Analysis



Mentoring



Workshops



Find out more:

RUGBY	HOCKEY	FOOTBALL	NETBALL	CRICKET	ATHLETICS



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SPORT

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